## JANUARY 2019 TO LIFE CATERING LUNCH MENU

Elementary School through Middle School has the option of bagels with tuna, cream cheese, egg, salad bar and fruit.

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY                           |
|---|---|--|---|----------------------------------|
|   | 1<br>BANK HOLIDAY- SCHOOL<br>CLOSED   | 2<br>Taco or Grilled Chicken<br>Rice, Beans, Salsa<br>Salad<br>Fruit                 | 3 Alfredo Pasta<br>Baked Ziti<br>Plain & Red Pasta, Soup,<br>Grilled Cheese & Tuna<br>Sandwich, Garlic Bread<br>Fruit   | 4<br>Pizza<br>Corn & Fruit       |
| 7<br>Pasta Bolognese<br>BBQ Wings<br>Edamame<br>Salad<br>Fruit  | 8<br>Sushi or Shnitzel<br>Rice, Beans, Baby Carrots<br>Salad<br>Fruit           | 9<br>Chinese Noodles<br>Orange Chicken, White Rice,<br>Steamed Vegetables<br>Fruit   | 10 Baked Ziti<br>Plain & Red Pasta<br>Grilled Cheese & Tuna<br>Sandwich<br>Soup, Garlic Bread<br>Fruit                  | 11<br>Pizza<br>Corn & Fruit      |
| 14<br>Hamburger<br>French Fries<br>Lettuce, Tomatoes<br>Fruit   | 15<br>Taco, Rice,<br>Beans, Salsa<br>Salad, Fruit                               | 16<br>Fish & Chips<br>Quesedilla<br>Corn, Salad<br>Fruit                             | 17 Baked Ziti<br>Mac & Cheese,<br>Plain & Red Pasta<br>Grilled Cheese & Tuna<br>Sandwich<br>Garlic Bread, Soup<br>Fruit | 18<br>WINTER BREAK- NO<br>SCHOOL |
| 21<br>WINTER BREAK- NO<br>SCHOOL                                | 22<br>WINTER BREAK- NO<br>SCHOOL  | 23<br>WINTER BREAK- NO<br>SCHOOL   | 24<br>WINTER BREAK- NO<br>SCHOOL  | 25<br>WINTER BREAK- NO<br>SCHOOL |
| 28<br>Pasta Bolognese<br>BBQ Wings<br>Edamame<br>Salad<br>Fruit | 29<br>Sushi or Hamburger<br>French Fries<br>Lettuce, Tomatoes<br>Salad<br>Fruit | 30<br>Shawarma or<br>Teriyaki Chicken,<br>Brown Rice, Pita, Hummus<br>Salad<br>Fruit | 31<br>Baked Ziti<br>Mac & Cheese,<br>Plain & Red Pasta<br>Grilled Cheese & Tuna<br>Sandwich<br>Soup<br>Fruit            |                                  |